

ceflu C COUGH SYRUP

CEFLU C COUGH SYRUP

CLASSIFICATION:

Classification A 32.16 Other, Complimentary medicine.

SCHEDULING STATUS

Unscheduled – complimentary medicine

PROPRIETARY NAME AND DOSAGE FORM

CEFLU C COUGH SYRUP (liquid)

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU

CEFLU C COUGH SYRUP is available without a doctor's prescription: Nevertheless you still need to use CEFLU C COUGH SYRUP as directed to get the best results from it.

Keep this leaflet. You may need to read it again.

Do not share CEFLU C COUGH SYRUP with any other person.

Ask your pharmacist if you need more information or advice.

You must see a doctor if your symptoms worsen or do not improve.

WHAT CEFLU C COUGH SYRUP CONTAINS

Each 5 ml contains:

Hedera helix ivy leaf extract (S : 1) 40 mg

Pelargonium sidoides 30 mg

Ester C 30 mg

Contains sweeteners: Sucralose and Acesulfame K

Other ingredients: Water, Sorbitol, Sodium gluconate, Citric acid, Raspberry flavour, Xanthan gum, Colour, Sodium benzoate, Menthol, Potassium sorbate

WHAT CEFLU C COUGH SYRUP IS USED FOR

Hedera helix helps to sooth persistent and painful coughs by liquefying thick, sticky mucous and to clear the airways. The coughing mechanism in the body is not suppressed, which is important for being able to cough up the mucous. This allows for trouble-free deep breathing. Pelargonium Sidoides has natural Antiviral, Antioxidant and Antibacterial properties while Ester C (a unique form of Vitamin C) assist in the treatment of colds and flu by reducing the severity and duration of associated symptoms.

BEFORE YOU TAKE CEFLU C COUGH SYRUP

Do not take CEFLU C COUGH SYRUP:

If you have diabetes. First consult your doctor or pharmacist, because this medicine contains sorbitol.

If you are hypersensitive (allergic) to any of the ingredients.

If you are pregnant or breastfeeding, consult your healthcare provider before taking this medicine.

Stop taking this medicine immediately if an allergic reaction occurs, and consult a doctor.

If you experience shortness of breath or fever, consult your doctor immediately

In the case of fructose intolerance, consult your doctor before taking this medicine.

If you have an autoimmune disease such as multiple sclerosis, systemic lupus erythematosus, rheumatoid arthritis, as CEFLU C COUGH SYRUP may worsen these conditions.

Tell your doctor if you are not sure about any of the above.

TAKE SPECIAL CARE WITH CEFLU C COUGH SYRUP

If you have a history of allergic reactions.

If you have kidney or liver disease.

TAKING CEFLU C COUGH SYRUP WITH FOOD AND DRINK

CEFLU C COUGH SYRUP can be taken with or without food.

PREGNANCY AND LACTATION

If you are pregnant or breastfeeding your baby while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

Avoid use of CEFLU C COUGH SYRUP during pregnancy and breastfeeding as safety has not been established.

EFFECTS ON ABILITY TO DRIVE VEHICLES AND USE MACHINES

Not sedative, but if you develop side-effects such as dizziness, light-headedness or blurred vision, you should avoid driving a car or operating machinery.

IMPORTANT INFORMATION ABOUT SOME OF THE INGREDIENTS IN CEFLU C COUGH SYRUP

TAKING OTHER MEDICINES WITH CEFLU C COUGH SYRUP

If you are taking other medicines in a regular basis, including complementary or traditional medicines, the use of CEFLU C COUGH SYRUP with these medicines may cause undesirable interactions. Please consult your doctor, pharmacist or healthcare professional for advice. Tell your doctor if you are taking any other medicine such as:

Codeine and dextromethorphan

Take CEFLU C COUGH SYRUP under supervision of your healthcare practitioner while using blood thinning medication (Warfarin)

HOW TO TAKE CEFLU C COUGH SYRUP

SHAKE WELL BEFORE USE. Measuring cup enclosed.

The usual dose is:

Children: 1 – 4 years: 0.5ml – 2.5ml three times daily.

Children: 5 – 10 years: 2.5ml – 5ml three times daily.

Children >10 years and Adults: 5ml – 7.5ml three times daily.

Do not share medicine with any other person.

Do not exceed the prescribed dosage.

Continue using for 2-3 days after the symptoms have subsided.

May be used continuously for up to 7 days.

Always take CEFLU C COUGH SYRUP exactly as indicated or as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure. Do not take more than the recommended dose.

IF YOU TAKE MORE CEFLU C COUGH SYRUP THAN YOU SHOULD

In the event of over dosage, consult your doctor or pharmacist. If neither is available, seek help at the nearest hospital or poison control centre.

IF YOU FORGET TO TAKE/ MISSED A DOSE OF CEFLU C COUGH SYRUP

Take your missed dose when you remember. Do not take a double dose to make up for forgotten individual doses.

EFFECTS WHEN TREATMENT WITH CEFLU C COUGH SYRUP IS STOPPED

If taking the dose as indicated, then there should be no adverse effects when stopping use of this medication.

POSSIBLE SIDE EFFECTS

CEFLU C COUGH SYRUP can have the following side effects:

May have a laxative effect due to the sorbitol content.

Contact dermatitis may occur in individuals allergic to Hedera helix.

May cause vomiting and diarrhoea in children younger than 1 year.

Please contact your healthcare provider if any of the above occurs.

Not all side effects reported for CEFLU C COUGH SYRUP are included in this leaflet. Should your general health worsen while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

If any of the following happens, stop taking CEFLU C COUGH SYRUP and tell your doctor immediately or go to the casualty department at your nearest hospital:

Spontaneous bleeding

Diarrhoea, nausea, vomiting, lack of muscle tone, and weakness.

Increase in blood glucose levels in diabetic patients.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

STORING AND DISPOSING OF CEFLU C COUGH SYRUP

Store in a cool, dry place at or below 25° C. protect from direct sunlight and moisture. Store in original packaging until required for use. Do not use after the expiry date stated on the label/ carton/ bottle.

Return all unused medicine to your pharmacist who will dispose of it according to regulations. Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

KEEP ALL MEDICINES OUT OF REACH AND SIGHT OF CHILDREN.

PRESENTATION OF CEFLU C COUGH SYRUP

CEFLU C COUGH SYRUP is packed in 100ml and 200 ml amber PLASTIC bottles inside a unit carton.

IDENTIFICATION OF CEFLU C COUGH SYRUP

Brown reddish colour with a pleasant raspberry flavour.

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

DeoPharma (Pty) Ltd

6 Hugel street

Windhoek

Namibia

Tel: +264 833381051

Email: info@deopharma.org

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