

### Imu-B MultiVitamin Multimineral and Immunoboost

Imu-B is a multivitamin - mineral supplement to compliment a diet and to increase immunity. Imu-B also contains Hedera Hedelix, Hedera Hedelix is an natural ingredient that has proven to be effective in the treatment of Acute inflammation of the respiratory tract and symptomatic treatment of chronic inflammatory bronchial diseases.

### SCHEDULING STATUS

Not Scheduled

### **CATEGORY CLASSIFICATION: 20.1**

### COMPOSITION

Each tablet contains:

| Hedera Hedelix             | 60 mg   |
|----------------------------|---------|
| Vitamin C / Vitamien C     | 500 mg  |
| Vitamin B6 / Vitamien B6   | 50 mg   |
| Vitamin B12 / Vitamien B12 | 50 μg   |
| Vitamin D3 / Vitamien D3   | 500 IU  |
| Vitamin E / Vitamien E     | 200 IU  |
| Selenium / Selenium        | 50 μg   |
| Zinc / Sink                | 12,5 mg |

### INDICATION:

Imu-B tablet is a dietary supplement that can be used to balance an inadequate supply of vitamins, minerals and amino acids and to increase immunity. Hedera Hedelix - Hedera Hedelix is a natural ingredient that has proven to be effective in the treatment of Acute inflammation of the respiratory tract and symptomatic treatment of chronic inflammatory bronchial diseases.

hedera Hedelix is a natural plant extract that is commonly used under various brand names for effective treatment of Acute inflammation of the respiratory tract and symptomatic treatment of chronic inflammatory bronchial diseases. They are also used primarily as expectorants and antispasmodics of the respiratory passages. Hedera Hedelix has also been showing natural anti-viral activity against several viral types by inhibiting viral nucleotide synthesis.

Vitamin C
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Vitamin C is an effective Immuno booster also known as ascorbic acid, is necessary for the growth, development and repair of all body tissues. It's involved in many body functions, including formation of collagen, absorption of iron, the proper functioning of the immune system, wound healing, and the maintenance of cartilage, bones, and teeth.

Vitamin B6
Vitamin B6 has been implicated in the regulation of immune responses that are associated with a wide range of diseases, including inflammation and various cancers. Vitamin B6 is one of the B vitamins that also benefits the central nervous system. It is involved in producing the neurotransmitters serotonin and norepinephrine, and in forming myelin.

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Vitamin B12
Vitamin B12 plays a crucial role in the proper functioning of immune system. Methionine synthase, which uses methylcobalamin as a cofactor, is essential for the synthesis of purines and pyrimidines in all cells, including fast-dividing immune cells. Vit B12 Is a key nutrient for growth and is an important factor in maintaining health of nervous system including brain cells. In addition, B12 helps your metabolism convert food into the energy your body needs to meet the challenges of the day. Combined, these factors contribute to a healthy immune system that is ready to fight off illnesses year-round. Vit B12 May assist in maintaining healthy cholesterol and triglyceride levels.

### Vitamin D3

The beneficial effects of vitamin D on protective immunity are due in part to its effects on the innate immune system. Vitamin D administration resulted in a statistically significant (42%) decrease in the incidence of influenza infection. Vit D3 also assists the body in utilizing calcium that is needed for maintaining and development of strong bone and teeth structure.

Witamin E
The body also needs vitamin E to boost its immune system so that it can fight off invading bacteria and viruses. It helps to widen blood vessels and keep blood from clotting within them. In addition, cells use vitamin E to interact with each other and to carry out many important functions as an antioxidant.

## Zinc

Zinc is crucial for normal development and function of cells mediating innate immunity, neutrophils, and NK cells. Macrophages also are affected by Zinc deficiency. Zinc is a potent anti-inflammatory that may support the immune system and reduce several markers of inflammation. Zinc is an immune support nutrient and assists in healing of wounds, maintain healthy hair, skin and nails. Zinc also supports eye health and is an important bone health nutrient.

## Selenium

Selenium mainly through its incorporation into selenoproteins, plays an important role in inflammation and immunity. Adequate levels of Selenium are important for initiating immunity, but they are also involved in regulating excessive immune responses and chronic inflammation. Selenium also plays a critical role in reproduction system, thyroid hormone metabolism, DNA synthesis and protection from infection. Selenium is a very strong antioxidant.

## **DIRECTIONS FOR USE: Adults**

Children 10 years + and Adults: Dissolve 1 tablet in 200ml water and take once daily.

Do not exceed the recommended daily dose. Give the recommended daily dose for at least 5 days for optimal efficacy.

## SIDE-EFFECT:

None known.

Do not use during pregnancy. As with most natural health supplements, and many modern drugs, safety during pregnancy has not been established. Use while breast-feeding should be discussed with your doctor or other registered healthcare professional.

Allergic reactions can occur to any natural product in sensitive persons. Discontinue the use of this product where there is sensitivity toward any of the ingredients.

## DRUG INTERACTIONS:

Vitamin B6 may compromise interactions with epilepsy drugs.

## **IDENTIFICATION:**

10 or 30 effervescent tablets with a mixed berry flavour.

# PRESENTATION:

Tube containing 10 effervescent tablets.

## STORAGE CONDITIONS:

Store at room temperature below 25°C in a cool dry place. Protect against light and moisture.

## KEEP OUT OF REACH OF CHILDREN.

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# DATE OF PUBLICATION OF THIS LEAFLET:

5 December 2020